

# PHILIPPIANS 4:1-9

## Growing Goodness

Get growing!! What do plants need to grow?  
Sunlight, Soil, Water, Love.

We all have different spaces and we can grow different things, even in the smallest space.

What could you grow to remind you that God want to growing good stuff in you to.



Tomatoes, Potatoes, Lettuce, Carrots, Beats, Herbs, and so much more. There are so many choices and they help you grow up healthy! You could even share them out.

### Stuff to eat?

Find a packet of wild seed a place to plant it and off you go! You are helping to build a little patch of heaven for all sorts of wildlife, and they in turn help us out too. How cool is that!



### Wild Flowers?



### Smelly Flowers?

Did you know some flowers have the power to change peoples moods by the way they smell? Choose from lavender, camomile, or jasmine all of which have a smell to help you chill out.

Paul is reminding us in this section of his letter to hold on to the peace, joy and hope God brings. It is easy to look around and only see the bad things.

**We can choose to look around and see God at work in situations and the good that he brings.**

**We can choose to be thankful.**

**We can choose to bring our worries and concerns to God. We can choose to be truthful.**

**We can choose to live the way he asks us too.**

**We can choose to work on these characteristics and see that God will grow them in our lives.**

**When you look at a pavement near you what do you see?**

**Do you see broken slabs and weeds growing, or do you see spaces for wild flowers?**

**Try seeing things as God does, and if things are still bad what can you do to work with God and make it right?**